



HEALTHY MINDS *Clinic*

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Dear Teacher,

We are currently assessing this child. Your feedback is vital in this process and we would appreciate you taking the time to complete this questionnaire. This can be emailed info@healthyminds.com or faxed to: 778 574-1616; Attention: Dr. Gill or Suman Jaswal.

Child's Name:	Age:	Gender: M/F
School:	Grade:	
Teacher's Name:		

Type of Classroom (ie. Regular Grade, Resource Room, Special Remedial):

Current Special Education Services:

Current Academic Performance: Check appropriate Grade Level (G.L.)

SUBJECT	2 or more years below G.L.	1-2 years below G.L.	At or approx. G.L.	1-2 years above G.L.	2 or more years above G.L.
Reading					
Writing					
Math					
Science					

COMMENTS:

Teacher Questionnaire

Part A

Inattention		Not at all	Just a little	Pretty much	Very Much
1	Fails to give close attention to details or makes careless mistakes	0	1	2	3
2	Has difficulty sustaining attention in tasks and play activities	0	1	2	3
3	Does not seem to listen to when spoken to directly	0	1	2	3
4	Does not follow through on instructions and fails to finish schoolwork, or workplace duties	0	1	2	3
5	Has difficulty organizing tasks and activities	0	1	2	3
6	Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort	0	1	2	3
7	Loses things necessary for tasks or activities (e.g., toys, pencils, books, or tools)	0	1	2	3
8	Easily distracted by outside stimuli	0	1	2	3
9	Forgetful in daily activities	0	1	2	3
Hyperactivity/Impulsivity					
10	Fidgets with hands/feet or squirms in seat	0	1	2	3
11	Leaves seat in situations in which remaining seated is expected (e.g., class)	0	1	2	3
12	Runs about or climbs excessively in situations in which it is inappropriate	0	1	2	3
13	Has difficulty playing or engaging in leisure activities quietly	0	1	2	3
14	Is 'on the go' or acts as if 'driven by a motor'	0	1	2	3
15	Talks excessively	0	1	2	3
16	Blurts out answers before questions have been completed	0	1	2	3
17	Has difficulty awaiting turn	0	1	2	3
18	Interrupts or intrudes on others (e.g., butts into conversations)	0	1	2	3
Oppositional/Defiant Behaviours					
19	Loses temper	0	1	2	3
20	Argues with adults	0	1	2	3
21	Actively defies or refuses to comply with requests or rules	0	1	2	3
22	Deliberately annoys people	0	1	2	3
23	Blames others for his or her mistakes or misbehaviour	0	1	2	3
24	Is touchy or easily annoyed by others	0	1	2	3
25	Is angry or resentful	0	1	2	3
26	Is spiteful or vindictive	0	1	2	3
Learning Problems					
27	Reading below grade level	0	1	2	3
28	Difficulty understanding what he/she has read	0	1	2	3
29	Has difficulties in written expression	0	1	2	3
30	Has handwriting difficulties	0	1	2	3
31	Has difficulties in understanding math concepts and/or operations	0	1	2	3
32	Has difficulties in expressive language	0	1	2	3
33	Underachieves at school	0	1	2	3
Communication Problems					
34	Stutters	0	1	2	3
35	Stammers	0	1	2	3
36	Has articulation problems	0	1	2	3

Part B

Conduct Problems		Not at all	Just a little	Pretty much	Very much
37	Bullies, threatens, or intimidates others	0	1	2	3
38	Initiates physical fights	0	1	2	3
39	Has used a weapon that could cause serious physical harm (e.g., a bat)	0	1	2	3
40	Has been cruel to people	0	1	2	3
41	Has been physically cruel to animals	0	1	2	3
42	Has stolen while confronting a victim (e.g., mugging, extortion)	0	1	2	3
43	Has forced someone into sexual activity	0	1	2	3
44	Has deliberately engaged in fire-setting	0	1	2	3
45	Has deliberately destroyed other's property	0	1	2	3
46	Has broken into someone else's house, building, or car	0	1	2	3
47	Lies to obtain goods or favours to avoid obligations (e.g., cons others)	0	1	2	3
48	Has stolen items of nontrivial value without confronting a victim (e.g., shoplifting)	0	1	2	3
49	Stays out at night despite parental prohibitions, beginning before 13 years	0	1	2	3
50	Has run away from home overnight at least twice	0	1	2	3
51	Has been truant from school, beginning before 13 years of age	0	1	2	3
Anxiety Problems					
52	Feels tense, anxious or nervous for no apparent reason	0	1	2	3
53	Worries without apparent cause	0	1	2	3
54	Is afraid of unexpected disasters (e.g., storms, fires) when there is no real danger	0	1	2	3
55	Has difficulty relaxing	0	1	2	3
56	Has fears of being kidnapped or harmed	0	1	2	3
57	Is excessively shy and tends to avoid social situations	0	1	2	3
58	Is fearful about going to school	0	1	2	3
59	Is fearful about being away from parents even for brief periods of time	0	1	2	3
60	Worries about the health of loved ones or death/dying	0	1	2	3
61	Has certain thoughts over and over again (obsessions)	0	1	2	3
62	Pulling out of his/her hair or eyebrows	0	1	2	3
63	Complains of physical symptoms without a known medical cause	0	1	2	3
64	Feels compelled to do certain things repeatedly (e.g., checking locks, hand-washing)	0	1	2	3
65	Has excessive fears of certain objects and situations (e.g., bugs, the dark, fear of heights)	0	1	2	3
66	Has experienced a major event (e.g., serious accident, burglary) and/or has seen a traumatic event (e.g., someone being hurt) and has anxiety and flashbacks	0	1	2	3
67	Refuses to speak with other people but speaks at home with family	0	1	2	3
68	Has panic attacks (e.g., episodes of pounding heart, sweating, trembling, feelings of choking, chest pain, fears of dying, numbness, chills or hot flushes)	0	1	2	3

Mood Problems		Not at all	Just a little	Pretty much	Very much
69	Has been feeling sad, unhappy, or depressed	0	1	2	3
70	Has decreased energy and has declined in productivity	0	1	2	3
71	Has self-injurious/suicidal thoughts or behaviours	0	1	2	3
72	Has decreased interest and/or pleasure in daily activities	0	1	2	3
73	Has decreased interest in relating with boyfriend/girlfriend	0	1	2	3
74	Has difficulty falling asleep and/or maintaining sleep	0	1	2	3
75	Feels excessive guilt	0	1	2	3
76	Feels unattractive or ugly	0	1	2	3
77	Dislikes self or has feelings of anger or hatred towards self	0	1	2	3
78	School or work performance has declined	0	1	2	3
79	Increased social isolation or withdrawal	0	1	2	3
80	Is pessimistic or hopeless about the future	0	1	2	3
81	Has gained weight	0	1	2	3
82	Has lost weight	0	1	2	3
83	Cries easily or feels like crying	0	1	2	3
84	Has significant mood swings	0	1	2	3
85	Has inflated sense of self and/or feelings of grandiosity	0	1	2	3
86	Has flight of ideas and says what comes to mind or presents with pressured speech	0	1	2	3
87	Increased sexual interest/activity	0	1	2	3
88	Decreased need for sleep	0	1	2	3
Developmental Problems					
89	Has general developmental delay	0	1	2	3
90	Lacks speech or has delayed speech	0	1	2	3
91	Has unusual speech (e.g., monotonous, high pitch)	0	1	2	3
92	Makes poor eye contact with people	0	1	2	3
93	Is socially isolated and withdrawn	0	1	2	3
94	Does not enjoy physical contact (e.g., being hugged or cuddled)	0	1	2	3
95	Lacks interest in age-appropriate toys and games	0	1	2	3
96	Insists on sticking to specific nonfunctional routines and rituals	0	1	2	3
97	Has stereotyped and repetitive motor mannerisms (e.g., hand/arm around, turning objects repeatedly)	0	1	2	3
98	Has inability to understand simple directions or sentences	0	1	2	3
99	Has insistence on sameness and resistance to/or distress over trivial changes (insists on taking the same route to school, wearing the same things all the time)	0	1	2	3
Problems in Reality Perception					
100	Has disorganized, illogical thoughts that are difficult to understand	0	1	2	3
101	Has unusual speech that cannot be easily understood by others	0	1	2	3
102	Has inappropriate feeling states (e.g., laughing when things are sad)	0	1	2	3
103	Feels that he/she is 'crazy'	0	1	2	3
104	Has flattened affect (numbness or inability to experience appropriate feelings)	0	1	2	3

105	Has bizarre thoughts (e.g., having thoughts stolen and/or having thoughts put into mind)	0	1	2	3
106	Has paranoid fears of being harmed (e.g., phone being bugged, food being poisoned)	0	1	2	3
107	Has disorganized speech (e.g., using made-up words)	0	1	2	3
108	Hears things that are not there	0	1	2	3
109	Sees things that are not there	0	1	2	3
110	Talks to self or imaginary objects/people	0	1	2	3
Problems of Substance Use		Not at all	Just a little	Pretty much	Very much
111	Drinks alcohol	0	1	2	3
112	Smokes cigarettes	0	1	2	3
113	Has used illicit drugs (e.g., marijuana, cocaine)	0	1	2	3
Sleep Problems					
114	Has difficulty falling asleep	0	1	2	3
115	Has difficulty staying asleep	0	1	2	3
116	Has abnormal sleeping during the day (e.g., suddenly falling asleep)	0	1	2	3
117	Sleep walks	0	1	2	3
118	Talks in sleep	0	1	2	3
119	Grinds teeth while asleep	0	1	2	3
120	Has nightmares	0	1	2	3
Elimination Problems					
121	Wets bed and/or wets self during the day	0	1	2	3
122	Soils self	0	1	2	3
Tic Problems					
123	Has motor tics (e.g., eye-blinking)	0	1	2	3
124	Has vocal tics (e.g., throat-clearing)	0	1	2	3
Eating Problems					
125	Overeats	0	1	2	3
126	Is overweight or obese	0	1	2	3
127	Under eats and/or avoids food	0	1	2	3
128	Obsessed with weight and/or losing weight (feels he/she is fat when actually not)	0	1	2	3
129	Throws up and/or over-exercises to lose weight	0	1	2	3
130	Engages in binge-eating (e.g., overeats in a very short time which may be followed by vomiting)	0	1	2	3
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